Dear Colleagues,

Happy New Year. I hope that you have all enjoyed a very well-deserved break before we head into what looks like another busy year. It's good to be going into 2023 having paid off the Government's Coronavirus Business Interruption Loan. Other challenges will await us, but we are good shape to meet them.

Staff Conference

As the conference draws ever closer here is some more information:

- Arrival will be from 4pm Monday afternoon 30th Jan and departure on Weds 1st Feb midmorning. We will be asking for complete lists of attendees via a share drive spreadsheet so please complete it ASAP so we can allocate rooms and finalise catering.
- We have a guest speaker for the event who will be Zooming with us after lunch on the Tuesday at 1.30pm. He is an International Ultra Runner, Author, and Environmentalist Damian Hall. <u>Click here</u> if you would like to know more about him.
- For those not able to join us in person, we will be sending out details on how you can join the discussions and sessions remotely nearer the time.
- For those who are attending, you might want to make a weekend of it. We have a deal with the <u>Cumbria Grand Hotel</u> who are offering preferential rates to FSC. If you say that you are FSC conference delegates you can get a cheaper rate starting at, room only for £39 a night. Speak to Rachel Bird at the Cumbria Grand Hotel on 01539 532331.
- Any trustees wishing to attend for all or part of the conference please arrange through m.etherington@field-studies-council.org directly.

Ten Year Plan and other documents

The Ten-Year Plan kicks off this year. If you are new or just haven't got round to taking a look at it, the documents and lots of supporting material can be <u>found here</u>. The page will also be updated shortly to include other key documents that link to the plan including the Business Plan for this year.

Westfield Health Documents

If you are fortunate enough to have a postal delivery in the near future, look out for your new Westfield Health policy document which usually arrives in January. It's the start of a new claim year so please make the most of it to pay for a range of treatments including optician and dental checkups that you may need in 2023.

Mark