

Thu 18/05/2023 09:16

Dear Colleagues,

Do you love where you work? Find out why Pippa and Mike do

I'm really pleased to be able to share the first two in a series of videos to support our recruitment and talent attraction activities. They've been created to bring to life what it's like to work at the Field Studies Council. They look at two very different roles, both with day-to-day impact and job satisfaction. Whilst prospective staff will want to know what it's like to lead one of our kitchens or to be a tutor, you may be wondering yourself too.

So please take a moment to get to know [Senior Tutor Pippa Cowley](#) and [Head Chef Mike Peterson](#) from Blencathra, their roles, and of course what they feel makes the Field Studies Council a great place to work. Look out for these videos across social media over the coming weeks and months and please do share and like them.

A big thank you to Pippa and Mike for taking part and to the marketing team for bringing it all to life. Let us know what you think by dropping an email to recruitment@field-studies-council.org

Mental Health Awareness Week 2023

The theme this year is anxiety and lots of good information is available on the [Mental Health Awareness Week](#) website. There are also lots of resources on the [Staff Wellbeing pages](#) and don't forget that one of the benefits of belonging to Westfield Health is a [24 hour counselling and advice line](#).

To add a more personal touch to Mental Health Awareness week, I asked Travelling Tutor Rosie Molton, who also posts on our [#wellbeing](#) slack channel, to tell us how she became a Mental Health First Aider:

'My interest started with my own mental health difficulties, and I didn't want people to feel as isolated as I had. So, in lockdown, when I had more time I completed a free training course to gain more awareness of different Mental Health conditions. Similar training is available [here](#). I decided to then train as a Mental Health First Aider, as it means that I have the support from [MHFAEngland](#) as part of the MHFAider© network.

It gave me access to more tools, resources, and information to help me have conversations about mental health and guidance about how to support and signpost people to further help and information. They have also recently released a recognised Level 3 qualification that sits alongside the "First Aid" training. If anyone wants a chat about the role or in general please get in touch directly r.molton@field-studies-council.org'

2023 School Travel Awards finalists

We have been shortlisted for the Best Geography Learning Experience by readers of the School Travel Organiser magazine. This nomination is for the organisation as a whole so it reflects so many people's hard work. The winners will be announced during the School Travel Awards ceremony on Tuesday 6th June in London.

Oak processionary moth

Watching processions has been a bit of a national pastime in recent days, but we have all been asked to keep an eye out for oak processionary moth caterpillars. They are a pest that can cause health problems for people as well as oak trees. They are mostly found in London and the Southeast

counties but please do report any sightings and don't touch them. To help you identify and report them, details and a picture of the caterpillars doing their processing are [here](#).

Welcome to Field Studies Council

Richard Brunskill who is joining Millport as Education Support Assistant

Jan Williams is the new Administration Assistant at Preston Montford

Josh Wood is joining Juniper Hall as Hospitality and Catering Assistant

Sarah Walker is the new Tutor at Margam Park

Best regards

Mark